

Kingsmen Athletics

Penn High School - Fall Sports First week of Practice 2025-26



		Friday August 1st	Saturday August 2nd	Monday August 4th	Tuesday August 5th	Wednesday August 6th	Thursday August 7th	Friday August 8th	Saturday August 9th
Varsity/JV Cheerleading	Time:			OFF	OFF	OFF	OFF	OFF	
	Location:								
Freshman Cheerleading	Time:			OFF	OFF	OFF	OFF	OFF	
	Location:								
Boys Cross Country	Time:	6:30-8:30am	8:00-9:30am	6:30-8:30am	6:30-8:30am	6:30-8:30am	6:30-8:30am	6:30-8:30am	8:00-9:30am
	Location:	Door F	Elm Road Elementary	Door F	Door F	Door F	Door F	Door F	Elm Road Elementary
Girls Cross Country	Time:	6:30 - 8:00am	Off	6:30 - 8:30am	6:30 - 8:00am	6:30 - 8:30am	6:30 - 8:00am	6:30 - 8:00am	7:00am - 10:00am
	Location:	Elm Rd Elementary		Penn - Football practice field	Elm Rd Elementary	Penn - Football practice field	Penn - Football practice field	Elm Rd Elementary	Meet @ Door E for bus to off-site practice
Varsity/JV Football	Time:			4:30 - 8:00 pm	4:30 - 8:00 pm	9:00am - 5:30pm	4:00 - 8:00pm	9:00am - 5:30pm	8:00 am - 12:00pm
	Location:			Football Game Field	Football Game Field	Football Game Field	Football Game Field	Football Game Field	Football Game Field
Freshman Football	Time:			8am-noon	8am-11am	8am-11am	8am-11am	10am-1pm	9am-noon
	Location:			Football Game Field	Football Game Field	Football Practice Field	Football Game Field	Football Practice Field	Football Game Field
Girls Flag Football	Time:			3:40-5:00 pm (Tryouts)	3:40-5:00 pm (Tryouts)	3:40-5:00 pm (Tryouts)	OFF	3:40-5:00 pm	OFF
	Location:			Football Practice Field	Football Practice Field	Football Practice Field		Football Practice Field	
Girls Golf	Time:	TBD 18 Hole Tryout-	TBD	9:00 AM	9:00 AM	2:00 PM	8:30 AM		
	Location:	Knollwood CC	Day 2 - 9 Hole Tryout	Homestead Invitational - Chestnutt Hills GC	Kingsmen Invitational - Knollwood CC	New Prairie Invite - Leagacy Hills GC	Northwood Invitational - McCormick Creek GC	OFF	OFF
Boys Soccer	Time:			5:30-8:30 pm	5:30-8:30 pm	5:30-8:30 pm	5:30-8:30 pm	5:30-8:30 pm	12:30-2:30 pm (2:30-5 pm)
	Location:			Lionshead Field	Lionshead Field	Lionshead Field	Lionshead Field	Lionshead Field	Lionshead Field
Girls Soccer	Time:			7-9 am; 4-5:30 pm	7-9 am; 4-5:30 pm	8-10 am	8-10 am	11-12:30 pm	9-10:30 am
	Location:			Lionshead Field	Lionshead Field	Lionshead Field	Lionshead Field	Lionshead Field	Lionshead Field
Boys Tennis	Time:			9:00-11:00 am	8-10:30 (V) am and 10-noon (JV)	8-10:30 (V) am and 10-noon (JV)	8-10:30 (V) am and 10-noon (JV)	9-11:30 am	
	Location:			Penn Tennis Courts	Penn Tennis Courts	Penn Tennis Courts	Penn Tennis Courts	Penn Tennis Courts	
Varsity/JV Volleyball	Time:			6-9am 4-6pm Tryouts	6-9am Tryouts; 4-6pm Practice	6-9am Practice; 6pm Parent Mtg	6-8am Practice	8-5: pictures, practice, code of conduct, hype video	11-2 Family Fun Day
	Location:			Main Arena, WB	Main Arena, WB	Main, WB, Aux, LGI B	Main, Aux, WB	Main, Aux, WB	McCullough's house
Freshman Volleyball	Time:			6-9am 4-6pm Tryouts	6-9am Tryouts; 4-6pm Practice	6-9am Practice; 6pm Parent Mtg	6-8am Practice	8-5: pictures, practice, code of conduct, hype video	11-2 Family Fun Day
	Location:			Main Arena, WB	Aux	Main, Aux, LGI B	Main, Aux, WB	Main, Aux, WB	McCullough's house

****All practices are subject to change. Coaches will provide a schedule for the week on the first day of practice**

****Team Pictures - GVB, GSOC, BTEN, GGOLF**

****Team Pictures - FB, CHEER, GXC, BXC, AT's, BSOC, GFlag FB**

****Fall Athletics Code Meeting @ 1pm**