

**TEAM LEADER'S WEEKLY MONITORING SHEET (Date: \_\_\_\_\_)**

**Self Leadership**

How would I rate myself as a leader this past week on a 1 (terrible) to 10 (great) scale?

Commitment	Confidence	Composure	Character	Encourager	Enforcer

What went well? (highlights) \_\_\_\_\_

\_\_\_\_\_

What didn't go well? (concerns) \_\_\_\_\_

\_\_\_\_\_

What could I do differently next time? (lessons) \_\_\_\_\_

\_\_\_\_\_

**Team Leadership**

What is the mood of our team right now? Rate on a scale of 1 (terrible) to 10 (great).

distracted	1	2	3	4	5	6	7	8	9	10	focused
scared	1	2	3	4	5	6	7	8	9	10	confident
passive	1	2	3	4	5	6	7	8	9	10	aggressive
conflicted	1	2	3	4	5	6	7	8	9	10	unified
fatigued	1	2	3	4	5	6	7	8	9	10	fresh
apathetic	1	2	3	4	5	6	7	8	9	10	motivated
frustrated	1	2	3	4	5	6	7	8	9	10	Having fun

Who is struggling - how might I reach out to them? \_\_\_\_\_

\_\_\_\_\_

What do I need to prepare for/guard against this week? \_\_\_\_\_

\_\_\_\_\_

Observations/comments: \_\_\_\_\_

\_\_\_\_\_