

HEALTH AND FITNESS FAIR silver mile



All proceeds benefit the
P-H-M Education Foundation

BACK TO SCHOOL BASH Penn High School - August 21, 2021

P-H-M Education Foundation is excited to put a new spin on a beloved event. Kick off the new school year at the Silver Mile Back to School Bash and celebrate the bright future of our P-H-M students.

1-MILE BUBBLE BASH

\$10 per person (includes entry to Fun Zone)

This **non-timed** event starts and finishes on the TCU Freed Field track and follows a **multi-terrain course** within P-H-M's campus. This event is an upbeat and entertaining mile-long fun run/walk that includes foam bogs and spirit stations along the course. Strollers and strolling welcome!

KICKBALL TOURNAMENT

\$100 per team

Round up your friends and register your team of 8 members today (aged 12 & up). Organizations, businesses, clubs & families welcome. Final game played under the lights on Jordan Baseball Field!

FUN ZONE

\$5 per person

Come meet & reconnect with your fellow P-H-M families on TCU Freed Field while enjoying a variety of inflatables. It is sponsored by **Sodexo**.

SAINT JOSEPH HEALTH SYSTEM HEALTH FAIR

Don't miss this chance for free health screenings such as blood pressure, lung capacity and cholesterol checks, plus many interactive booths for children's health and Saint Joseph Health System Resources.

FAMILY FITNESS EXPO

This high-energy interactive expo highlights area businesses and organizations who offer year-round programs, activities and camps for children and families.



BACK TO SCHOOL BASH SCHEDULE

4:30 p.m.

Registration Opens at Larry Beehler Ticket Booth

5:00 p.m.

1-Mile Bubble Bash Fun Run/Walk

5:00-8:30 p.m.

Silver Mile Health & Fitness Fair

Concessions Available

5:30-8:30 p.m.

Fun Zone Open

Kickball Tournament

HOW TO REGISTER

For more information about the event, [visit phmef.org](https://www.phmef.org), call (574) 254-2893 or email amber@phmef.org.

PARKING

Parking will be available in front of Penn High School and Schmucker Middle School. No parking will be allowed at the rear of Penn until the race is completed.

HAVE A FAMILY MEETING PLACE

If you are attending the Silver Mile with young children, it is always good to have a place where you can meet if you become separated. We suggest at the Larry Beehler Ticket Booth.

PRESENTING SPONSOR



MAJOR SPONSORS



QUALITY OF LIFE SERVICES

