













Kingsmen Athletics

Penn High School - Fall Sports First week of Practice 2022-23

		Friday July 29th	Saturday July 30th	Monday August 1st	Tuesday August 2nd	Wednesday August 3rd	Thursday August 4th	Friday August 5th	Saturday August 6th
	Varsity/JV Cheerleading	Time:				4:00-7:00 PM Penn Track	4:00-7:00 PM Penn Track	4:00-7:00 PM Penn Track	
		Location:							
	Freshman Cheerleading	Time:				4:00-7:00 PM Penn Track	4:00-7:00 PM Penn Track	4:00-7:00 PM Penn Track	
		Location:							
	Boys Cross Country	Time:		6:30-8:30am Penn Track	6:30-8:30am Penn Track	6:30-8:30am Penn Track	6:30-8:30am Penn Track	6:30-8:30am Penn Track	7:30-9:00am Elm Road Elementary
		Location:							
	Girls Cross Country	Time:		6:30 - 8:30am Penn Track	6:30 - 8:00am Elm Road	6:30 - 8:30am Penn Track	6:30 - 8:00am Penn Track	6:30 - 8:00am Elm Road	7:00am - 12:30pm Bus to Ox Bow for practice, return to Penn for team pictures
		Location:							
	Varsity/JV Football	Time:		4:30 - 8 PM WT ROOM, CLASSROOMS, STADIUM	4:30 - 8 PM WT ROOM, CLASSROOMS, STADIUM	9AM - 5:30 PM WT ROOM, CLASSROOMS, STADIUM	4 - 8 PM WT ROOM, CLASSROOMS, STADIUM	9AM - 7 PM WT ROOM, CLASSROOMS, STADIUM	8AM - 12:30 PM WT ROOM, CLASSROOMS, STADIUM
		Location:							
	Freshman Football	Time:		8:00 am - Noon Practice Football Field	8:00-11:00 am Practice Football Field	8:00-11:00 am Practice Football Field	8:00-11:00 am Practice Football Field	10:00-1:00 PM Practice Football Field	9:00-11:00 am Pictures
		Location:							
	Girls Golf	Time:		9:00 AM Homestead Invitational- Chestnut Hills GC	9:00 AM Kingsmen Invitational- Knollwood CC	4:30 PM Jintown/Riley NIC 9 holes @ Jintown	8:30 AM Northwood Invitational - McCormick Creek GC	morning qualifier varsity- then leave for Bloomington jv evening practice	State Preview Tournament - Bloomington, IN
		Location:	Knollwood Country Club	Knollwood Country Club					
	Boys Soccer	Time:		8-9:30 AM 6-8 PM	8-9:30 AM 6-8 PM	8-9:30 AM 6-8 PM	6-8 PM	6-8 PM	
		Location:							
	Girls Soccer	Time:		7-8:30 AM 5-6:30 PM	7-8:30 AM 5-6:30 PM	7-8:30 AM 5-6:30 PM	7-8:30 AM (Track) 5-6:30 PM	10 AM (Pictures) 11 AM - 12:30 PM	
		Location:							
	Boys Tennis	Time:		9-11 Varsity and JV	Varsity 8-10:30 am JV 10-Noon	Varsity 8-10:30 am JV 10-Noon	Varsity 8-10:30 am JV 10-Noon	Varsity 8-10:30 am JV 10-Noon	
		Location:							
	Varsity/JV Volleyball	Time:		7:30-9:30am	7:30-9:30am	JV: 4:15-7:00pm V: 7:00am-1:00pm	JV: 4:15-7:00pm V: 7:00am-1:00pm	JV: 11:00-1:00pm V: 7:30am-1:30pm	V: 7:30-10:30am
		Location:							
	Freshman Volleyball	Time:		7:30-9:30am	7:30-9:30am	F: 7:00-10:00am	F: 7:00-10:00am	F: 10:00am-1:00pm	
		Location:							

*Boys Tennis may need to add practices depending on number of players trying out.

****Team Pictures - VB, GSOC, BSOC, BTEN, GGOLF**

****Team Pictures - FB, CHEER, GXC, BXC, AT's**

****All practices are subject to change. Coaches will provide a schedule for the week on the first day of practice**