

October

Penn Harris Madison School Corporation High School Menu

All meals will be free for every student

Pay by credit card, check student balances and find nutritional information at Schoolcafe.com



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>Available for Breakfast Daily: Fresh and Canned Fruit, 100% Juice, Yogurt Parfaits, and Breakfast Bars</div> <div>Available for Lunch Daily: Fresh and Canned Fruit, Fresh and Cooked Vegetables & Juice</div> <div>Chocolate & Strawberry Skim Milk and Lowfat White Milk served with every meal</div>			10/1	10/2
<div>All Meals will be pre-packaged. Water & Milk will also be available</div> <div>Menu subject to change based on product availability</div>			Breakfast	Breakfast
			Apple Texas Toast Chicken Biscuit	Breakfast Pizza Mini Waffles
			Lunch Hot Meal	Lunch Hot Meal
			Pepperoni Calzone Spicy Chicken Sandwich Nacho Grande	Cheese Pizza Chicken Filet Sandwich Fettuccine Alfredo
			Cold Meal	Cold Meal
			Chicken Chef Salad Turkey Snack Pack Italian Sub Veg. Hummus Wrap	Chicken Caesar Salad Fruit & Yogurt Plate Vegetable Sub Chicken Ranchero Wrap
10/5	10/6	10/7	10/8	10/9
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Egg, Cheese, Ham Muffin French Toast Sticks	Mini Maple Pancakes Sausage Biscuit	Pancake on a Stick Ham & Cheese Croissant	Apple Texas Toast Chicken Biscuit	Breakfast Pizza Mini Waffles
Lunch Hot Meal	Lunch Hot Meal	Lunch Hot Meal	Lunch Hot Meal	Lunch Hot Meal
Boom Boom Chkn w/Muffin Orange Chicken w/ Rice Mozzarella Sticks w/sauce	Pepperoni Pizza Spag./Meatballs/Gar Tst Nacho Grande	Cheese Quesadilla Teriyaki Chicken w/ Rice Popcorn Chicken/Muffin	Pepperoni Calzone Spicy Chicken Sandwich Nacho Grande	Cheese Pizza Chicken Filet Sandwich Philly Pretzlewich
Cold Meal	Cold Meal	Cold Meal	Cold Meal	Cold Meal
Strawberry Spinach Salad Egg, Cheese Snack Pack Ham & Cheese Sub Fruity Chicken Salad Wrap	Italian Chef Salad Ham Snack Pack Turkey Club Sub Buffalo Chicken Wrap	Chicken Caesar Salad Pizza Snack Pack Turkey & Cheese Sub California Club Wrap	Chicken Chef Salad Turkey Snack Pack Italian Sub Veg. Hummus Wrap	Chicken Caesar Salad Fruit & Yogurt Plate Vegetable Sub Chicken Ranchero Wrap
10/12	10/13	10/14	10/15	10/16
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Egg, Cheese, Ham Muffin French Toast Sticks	Mini Maple Pancakes Sausage Biscuit	Pancake on a Stick Ham & Cheese Croissant	Apple Texas Toast Chicken Biscuit	Breakfast Pizza Mini Waffles
Lunch Hot Meal	Lunch Hot Meal	Lunch Hot Meal	Lunch Hot Meal	Lunch Hot Meal
Boom Boom Chkn w/Muffin Orange Chicken w/ Rice Mozzarella Sticks w/sauce	Hot Lava Pizza Cheesy Breadsticks Beef Soft Tacos (2)	Cheese Quesadilla General Tso's Chicken w/ Rice Popcorn Chicken/Muffin	Pepperoni Calzone Spicy Chicken Sandwich Nacho Grande	Cheese Pizza Chicken Filet Sandwich Cheeseburger on a bun
Cold Meal	Cold Meal	Cold Meal	Cold Meal	Cold Meal
Strawberry Spinach Salad Egg, Cheese Snack Pack Ham & Cheese Sub Fruity Chicken Salad Wrap	Italian Chef Salad Ham Snack Pack Turkey Club Sub Buffalo Chicken Wrap	Chicken Caesar Salad Pizza Snack Pack Turkey & Cheese Sub California Club Wrap	Chicken Chef Salad Turkey Snack Pack Italian Sub Veg. Hummus Wrap	Chicken Caesar Salad Fruit & Yogurt Plate Vegetable Sub Chicken Ranchero Wrap
10/19	10/20	10/21	10/22	10/23
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Egg, Cheese, Ham Muffin French Toast Sticks	Mini Maple Pancakes Sausage Biscuit	Pancake on a Stick Ham & Cheese Croissant	Apple Texas Toast Chicken Biscuit	Recess Day
Lunch Hot Meal	Lunch Hot Meal	Lunch Hot Meal	Lunch Hot Meal	
Boom Boom Chkn w/Muffin Orange Chicken w/ Rice Mozzarella Sticks w/sauce	Cheese Pizza Spag./Meatballs/Gar Tst Nacho Grande	Cheese Quesadilla Teriyaki Chicken w/ Rice Chicken Drumstick/Breadstick	Baked Mostaccoli/G. Toast Spicy Chicken Sandwich Nacho Grande	
Cold Meal	Cold Meal	Cold Meal	Cold Meal	
Strawberry Spinach Salad Egg, Cheese Snack Pack Ham & Cheese Sub Fruity Chicken Salad Wrap	Italian Chef Salad Ham Snack Pack Turkey Club Sub Buffalo Chicken Wrap	Chicken Caesar Salad Pizza Snack Pack Turkey & Cheese Sub California Club Wrap	Chicken Chef Salad Turkey Snack Pack Italian Sub Veg. Hummus Wrap	
10/26	10/27	10/28	10/29	10/30
Recess Day	Breakfast	Breakfast	Breakfast	Breakfast
	Mini Maple Pancakes Sausage Biscuit	Pancake on a Stick Ham & Cheese Croissant	Apple Texas Toast Chicken Biscuit	Breakfast Pizza Mini Waffles
	Lunch Hot Meal	Lunch Hot Meal	Lunch Hot Meal	Lunch Hot Meal
	Pepperoni Pizza Turkey & Noodles/Roll Nacho Grande	Cheese Quesadilla Teriyaki Chicken w/ Rice Popcorn Chicken/Muffin	Pepperoni Calzone Spicy Chicken Sandwich Nacho Grande	Fettuccine Alfredo Cheese Pizza Chicken Filet Sandwich
	Cold Meal	Cold Meal	Cold Meal	Cold Meal
	Italian Chef Salad Ham Snack Pack Turkey Club Sub Buffalo Chicken Wrap	Chicken Caesar Salad Pizza Snack Pack Turkey & Cheese Sub California Club Wrap	Chicken Chef Salad Turkey Snack Pack Italian Sub Veg. Hummus Wrap	Chicken Caesar Salad Fruit & Yogurt Plate Vegetable Sub Chicken Ranchero Wrap

USDA is an equal opportunity provider.